

## Activity sheet: Why Are My Words Tangled?

### Fill in the Feeling

**Instructions:** There are no wrong answers—just be honest about your feelings!

1. I feel happy when my classmates \_\_\_\_\_.
2. If I see a friend is sad, I can \_\_\_\_\_.
3. I feel proud when I \_\_\_\_\_.
4. I feel nervous when I have to \_\_\_\_\_ in front of \_\_\_\_\_.
5. I feel sad when someone doesn't \_\_\_\_\_.
6. I feel embarrassed when I \_\_\_\_\_.
7. I feel brave when I \_\_\_\_\_ even though it's difficult.
8. If other kids are laughing at a classmate, I would \_\_\_\_\_.

### Tongue Tanglers

**Instructions:** Try saying these sentences slowly at first and then faster! Try to say them 5 times in a row. It's okay if you make mistakes - everyone gets their words tangled sometimes!

1. **Red Lorry, Yellow Lorry**
2. **She sells seashells by the sea shore**
3. **Five friendly fish swim in a fish bowl**
4. **I scream, you scream, we all scream for ice cream**
5. **The big bug bit the little beetle**

**Remember:** Even grown-ups find tongue twisters tricky! When we practice things that are hard, our brains get stronger.

### Did You Know People Communicate in Different Ways?

**Instructions:** Circle the ones you think are real ways people talk to each other

- Sign language

- 
- Text messages
  - Mind reading
  - Drawing pictures
  - Pointing to pictures on a board
  - Special talking computers
  - Fairy dust signals
  - Writing words on paper
  - Whale singing
  - Using letter blocks to spell words
  - Taking photographs
  - Robot beeping language
  - Blinking patterns with your eyes
  - Communication boards with symbols
  - Magic crystal balls

### **Find the Kind/Kind Words Collection**

1. As a class, brainstorm different supportive phrases for specific situations / use the list below.
2. Divide/fold an A4 size paper in 8 blocks. Write down your favourite phrases from the list.
3. With the help of your teacher/guardian, cut these into 8 coupons.
4. Now you are ready to help a friend in need with your kindness coupons.

#### **Ideas for phrases:**

##### **When someone is struggling to speak:**

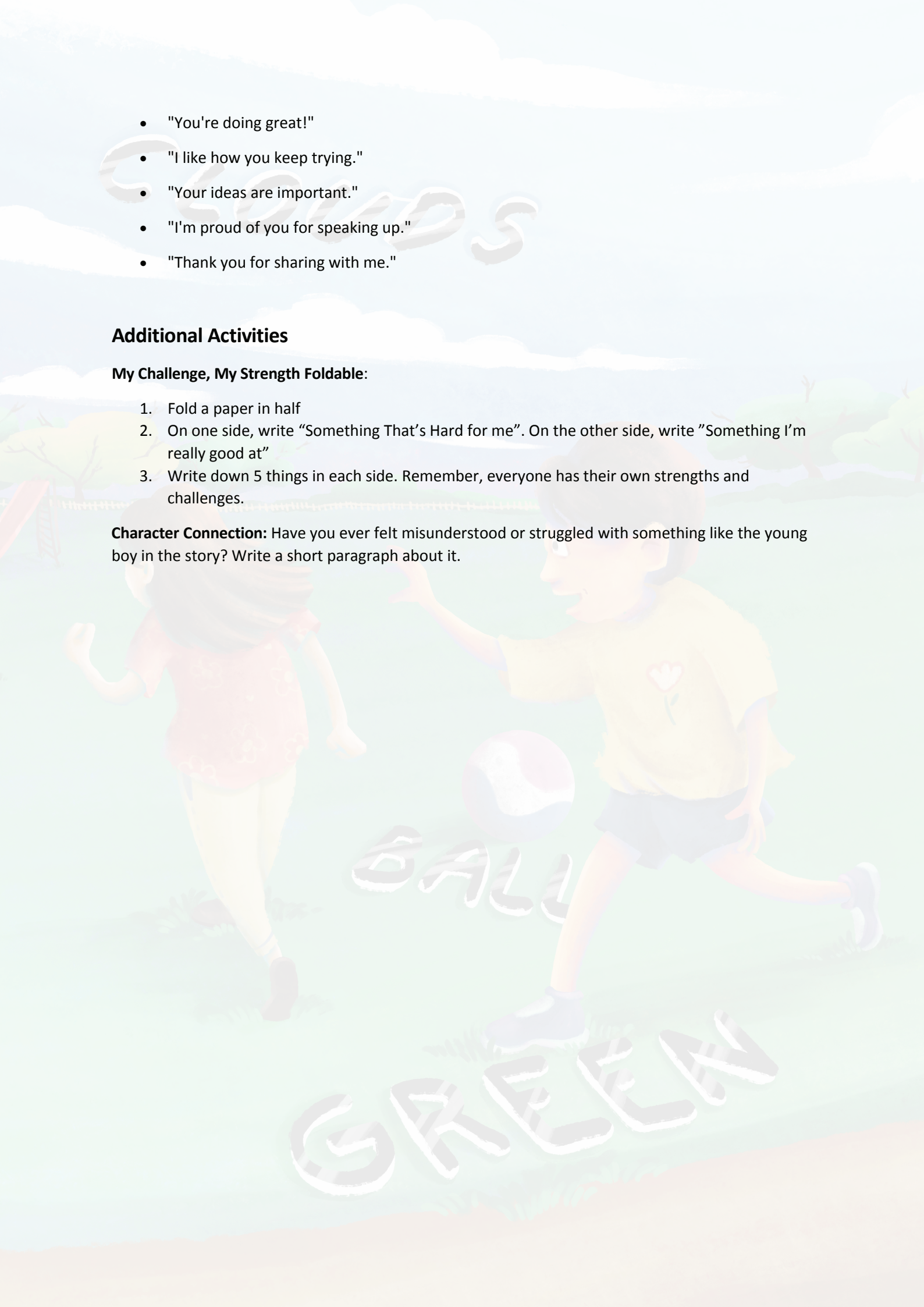
- "Take your time, I'm listening."
- "It's okay, I can wait."
- "Would it help if I ask yes/no questions?"
- "You can show me if that's easier."
- "I like hearing what you have to say."

##### **When someone feels embarrassed:**

- "That happens to everyone sometimes."
- "I make mistakes with words too."
- "Let's try again together."
- "It's okay to take a breath."
- "I still understand what you mean."

##### **When someone needs encouragement:**



- 
- "You're doing great!"
  - "I like how you keep trying."
  - "Your ideas are important."
  - "I'm proud of you for speaking up."
  - "Thank you for sharing with me."

## Additional Activities

### My Challenge, My Strength Foldable:

1. Fold a paper in half
2. On one side, write "Something That's Hard for me". On the other side, write "Something I'm really good at"
3. Write down 5 things in each side. Remember, everyone has their own strengths and challenges.

**Character Connection:** Have you ever felt misunderstood or struggled with something like the young boy in the story? Write a short paragraph about it.