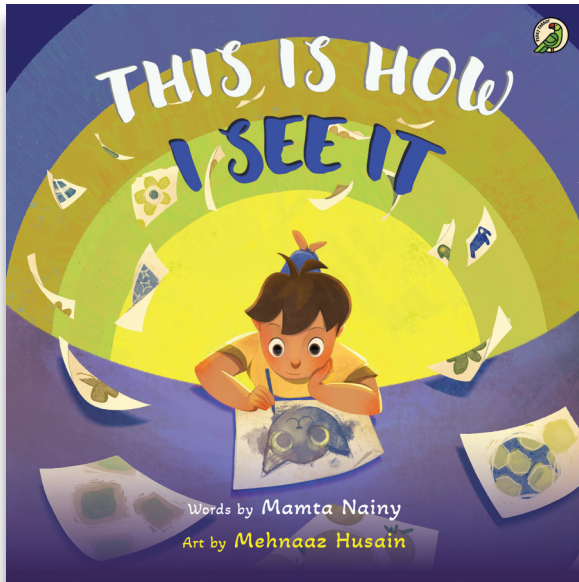


THIS IS HOW I SEE IT

Teaching Guide



Venu loves colours—all kinds of colours. However, when he shares his paintings, people often tell him he has got the colours wrong. One day, he meets someone who sees colours just the way he does. With a warm smile, Venu says, “It’s just how you see it,” and hands his painting to his new friend, feeling a sense of connection and understanding he has never felt before.

ISBN: 978-81-19626-54-0 | ₹350 | Paperback

Seeing colours differently together



Mamta Nainy

Mamta Nainy is a writer based in New Delhi. She has authored over 30 books for children, many of which have gone on to win national and international awards and recognition. Mamta is inspired by the unfettered imagination of children and loves travelling but is too lazy to do it, so she mostly makes do with reading. You can reach her at mamtanainy@gmail.com



Mehnaaz Husain

Mehnaaz Husain, an illustrator and designer, draws inspiration from her experiences and surroundings. Encouraged by her grandfather, who frequently took her to the stationery store, she pursued her artistic dreams. Besides illustration, she enjoys animation, writing poetry, and swimming. Explore her work at www.meforya.com or follow her [@Meforya](https://www.instagram.com/Meforya).

Before you read:

1. Reading the title, what do you think the story is going to be about?

Pointers for discussion:

- You can discuss whether people can see the world differently and if there is anything the students think they see differently from others.
- You can ask the children if they know any other such stories, books, movies about seeing things differently.

2. What do you think about the book cover?

Pointers for discussion:

- You can talk about the design and what the children think of it. Looking at the colour palette, font, artwork, do they think it is going to be a fun story or sad story or adventurous story?
- You can ask them what they think about the object behind the main character. Many may not be able to recognize it due to the different colours and might see it as sunrise or something else.

3. What do you think the characters are going to be like, how would you like them to be?

Pointers for discussion:

- You can ask children about how the characters are pictured on the cover. What interests does he seem to have?
- Have they read about a similar character before?

Discussion Questions:

- If you could change the colour of any one thing, what would it be & which colour?
- If I had magical powers for a day, I would change the colour of _____ into _____

- Look at any painting by Vincent van Gogh. What colours do you see? Which colours are missing?

I saw the beautiful _____ by Vincent van Gogh.
It had _____ colours, but the colours _____ were missing.

- The most common form of colour blindness is not being able to see green and red colours. What objects do you think someone with this condition see differently than you?

The most common form of colour blindness is not being able to see Today I learned that a common form of colour blindness is not being able to tell apart the colours _____ and _____. If my friend had this condition, they would see _____, _____, _____ and _____ in a different way. green and red colours. What objects do you think someone with this condition see differently than you?

- Imagine you could only see in black and white for a day. What would you miss the most about colors?

If the world turned black and white for a day, I would miss _____.

- What do the other kids say about Venu's drawings? Why do you think it is so? And how does Venu react when he sees Beena's drawings?

Might it be because his drawings are so different from how they see the world and since they have never seen it, they never imagined drawing green jams or brown fruits? Why do you think Venu reacts differently to Beena's drawings? Is it because he understands people can see the world differently?

- Do you think colours can be quiet or loud, thinking or singing, as the book says? Which colours do you think are quiet and which colours are loud?

Think about how a certain colour makes you feel. What do you associate particular colours with?

- What is the importance of understanding that there is nothing wrong with being different from others? How can you effectively make others understand this?

How important is to realise that people can be very different from each other and that is not necessarily a bad thing? Would you say it's important to be kind to people who are different from you? You can also discuss how one can ask questions so that other people can rethink their opinions and can perhaps change their beliefs.

Activities:

- Activity 1- **Voicing what you think**: Divide the class into groups of 5 and ask them questions related to the book, for example some of the discussion questions. Ask the children what each of them think and enable them to discuss and ask and answer questions from the other children to understand what each of them thinks.
- Activity 2- **A different perspective**: Again divide the children in groups and ask them to draw different pictures with limited colours. Afterwards, each group will present their drawings before the class and talk about how the exercise changed the way they see certain things. Example exercises: (1) Draw a picture of a garden as it might look to a person with red-green colour blindness (2) Draw a rainbow using different shades of any 2 colours. Does it look wrong or does it look pretty as always? (3) Draw a picture using only shades of one colour. How does it change how you see the picture?
- Activity 3- **Match the pairs**:

John Dalton	Couldn't identify yellow & green
Christopher Nolan	Couldn't see red
Vincent Van Gogh	Couldn't see green & red
Mark Zuckerberg	First scientist to describe colour blindness
Mark Twain	Couldn't see red & green

Q O L O I N B U R G U N D Y A R K L
 N O E L N P A C F A T V I Q G E R E
 U N M I D I X V O R Q E Q X M O Q S
 F A O V I N Z K Y R Y G A D A C P A
 N C N E G K E W A B A G Y L G Y R G
 H M Y G O O N O K F L L S D E A E X
 H A E R F R R U L L M U M M N N D O
 K R L E H D Q A B G A L E V T J Q B
 S O L E B R O C N X U Q O U A L M K
 Z O O N P J F I H G V W R I P B A D
 F N W C I P H H D J E R B R O W N U
 B L A C K G F W P K P U R P L E O H

Find the following words in the puzzle.

Words are hidden → ↓ and ↘

LEMONYELLOW

PURPLE

MAUVE

OLIVE GREEN

MAROON

PINK

NAVY BLUE

INDIGO

TEAL

BURGUNDY

BROWN

CYAN

MAGENTA

BLACK

RED

ORANGE

CORAL



Key Takeaways-People can be very different from each other and still be each other's equals. Being different does not make anyone lesser than others; only gives them a different way to interacting with the world. Even if it might be hard to understand someone who is very different from you, it is important to show them empathy.

