

NEW TITLE December 2014

ISBN: 978-93-83098-62-0

COOKERY

₹795/£15/\$25 HB

Flavours of Awadh

Journey from the
Royal Banquet to the
Corner Kitchen

Salma Husain



Published by

NIYOGI BOOKS

Fine publishing within reach

D-78, Okhla Industrial Area, Phase-I, New Delhi-110 020, INDIA

Tel: 91-11-26816301, 49327000; Fax: 91-11-26810483, 26813830

email: niyogibooks@gmail.com; website: www.niyogibooksindia.com

Flavours of Avadh

by Salma Husain

COOKERY

₹795/£15/\$25 HB

ISBN: 978-93-83098-62-0

Size: 215 mm x 180 mm

192 pp, 130 gsm art paper (matt)

140 photographs, All colour

Hard bound with dust jacket

Flavours of Avadh: Journey from the Royal Banquet to the Corner Kitchen is the story of food and cooking from the palaces to the pavement.

The book charts out a unique socio-cultural route down the decades, sketching out an exclusive regional food history, richly coloured with family anecdotes, local festivities, regional culture and dining traditions. There are more than sixty recipes collected from the elite homes and kitchens where this unique and traditional cuisine has been nurtured over centuries.

Aromatic spices, exotic herbs, a rare creative energy and a romantic ideology coupled with a mix of racial traits and customs have produced this exclusive line of food and hospitality—the Avadh cult of cuisine.

The special tradition of serving water spells out the creative passion surrounding the culinary habits of this region.

- Offers an exclusive regional food history celebrated over centuries
- 64 exclusive recipes with metric and American measures
- First-hand pictorial reporting from the famous food alleys of Lucknow
- Recipes from the personal collections of Avadh royalty
- Recipes and culinary history spiced up with personal anecdotes



Salma Husain is a passionate cook, food historian and a Persian scholar; she has used the language in exploring the history of food. Salma has worked with the Star Celebrity Chef Gary

Rhodes from London for a British television serial and also with South Korean Television for their series on Indian food. She has appeared on Indian television with her feature *Journey of Kabab*, which has been telecast by Urdu TV as well. At present Salma is working as a consultant of Indian food with ITC Hotels. She writes articles and columns on food for popular journals and newspapers and has award-winning cook books to her credit.

Salma received the National Tourism Award 2009 from the Vice-President of India Md. Hamid Ansari.

Salma Husain lives in Gurgaon, Haryana. She enjoys cooking for her friends and does it with great love and passion.

